

Energy Report for August 2017

From August 8th



I'm sitting out here in the back yard at my Dad's and I put the question out to the land and her beings; what's the energy for this month? My inner eye sees a bird soaring up into the sky and I receive the knowing: Phoenix Rising.

Gaia, Trees, Insects, please share your knowledge with me; please show me what others need to hear so that I can pass that on to them.

The old is dying. Where I'm sitting it's Summer, and Summer in California means dry grass; things have seeded in preparation for the new growth that may not come until next Spring, or this Fall when the wet season starts. But it is shedding of the old; releasing what no longer serves.

Tonight is full moon; a vibrant, powerful energy of metamorphosis, of the new coming in.



How we greet this energy is a choice.

The Phoenix has risen; and as it rises, the old falls to ashes. So as the moon wanes, this is a perfect time to let go of anything you do not want - emotionally, physically - on every level. Purge your home, purge your food habits, purge your thoughts; cleanse and clear.

I experienced my own physical purging; I became sick between flight segments on my way out here, and emptied my stomach and intestines. I haven't eaten for two days and I'm not even hungry yet.

Release everything that no longer serves you. Take a look at what you are thinking. What thoughts do you have that no longer serve you? What thoughts do you have that you don't want to believe anymore? What limitations are you putting on yourself that keep you from flying high like the Phoenix? From renewing yourself? From becoming who you were always meant to be?

What's tethering you? What's keeping you in the old? Because the energy is new. The energy says to go for you desires; for your heart; for the good of mankind. So take your passion; and if you don't know what your passion is, what is it you enjoy? Simply something that brings you joy; what brings you joy? Simply bring more of that into your life and let go of what does not bring you joy. It's very simple.

The land where I'm sitting is in transition from being cultivated and used to supply food, to being allowed to go back to its native state. Whatever can grow here grows with the water that comes from the sky. Whatever does not survive simply does not survive. So it's in transition from being controlled to being allowed to be itself. And that is a powerful transition that we are also going through. We have had societal structures for thousands of years that have told us who to be, what to be, and they no longer fit; they are no longer valid; they are no longer relevant; it is transition time. It is time for us to come into our own and to be who and what we are meant to be; to find our soul's purpose. And your soul's purpose can be anything. It doesn't have to be grandiose; it doesn't have to mean saving the world. It's no one's job to save the world. It is our job to love her, to love ourselves; because by loving ourselves, we end up loving everything around us and we end up creating more love thorough that. But the transformation to that involves letting go of who we were; the identity that is so much our ego instead of our heart.



I am here with a beautiful little grey and white Butterfly and with Horehound. The song that comes to me from Horehound is The Eye of the Tiger – below are the lines I was shown as relevant.

Rising up to the challenge of our rival
As the last known survivor stalks his prey in the night

Sit with them and find their meaning for yourself - not intellectually, but on an emotional level.

From Butterfly I receive the message that it's time to spread your wings. You may not fly yet but you need to get ready because when the changes come you need to be able to do so.

Consistency.

Steadiness.

Knowing when to stay, when to go .



From Horehound I get immense strength and endurance. It is by being your true self that you can endure anything. It's not how deep your roots are, but how they function. How they feed and how they



nourish you. Different plants have very different roots. They are nourished in different ways. There is no right way to have roots. There's no one way for a person to be grounded. You find what works for you to ground yourself and by that we mean to stand in your power, in your presence, in this moment, fully conscious of who you are, where you are, and what your desires are. That will help you survive – and thrive. Thriving is not just taking the easy road or having everything easy.

Our challenges are for us like those for horehound; the challenge of no water, no rain, finding enough moisture; building up resistance to the sun through resins that help retain every bit of moisture that it receives. The hairs gather the dew in the morning and allow the plant to utilize every part of it. It's gathering your strength; finding your strengths; utilizing them to face challenges, to face your fears; to help you move forward in this magnificent time that we live in, where on the one hand everything is crashing around us and on the other hand the new world is being built. So it's time to let everything that does not serve you fall away as ashes; as you rise like the Phoenix in this new segment of life.

More from butterfly: flying isn't everything; you've gotta know how to land, and you need to know when to stay put. It's not all upward; it spirals around and down and back and forth and the wind comes and buffets you and throws you for a loop and blows you off course. And sometimes you just need to find a safe haven for a short while when the rains come. But you fly ever onward and the adventure is always new and ever changing. So fly with that. The cocoon is done; we're out. Leave that behind and find your way in this new world that we're creating.

I stood there for a moment and asked if anyone else would like to speak with me, and I was asked to go to the storage shed.

I got that spider has something to say to me, and what I'm getting is just a sensation of thousands of different types, all of them crawling up me, inside me, that feeling of crowding and flowing; like a migration. Almost like water flowing, moving up into me; and as they do so, the light inside me is shining brighter, is expanding; and as they come up into my third eye though my throat they are chewing away what I no longer need, and I'm feeling it all throughout, especially in my throat and my third eye; I'm

feeling a cleansing, a clearing. It is time to see clearly and speak our truth. As the Phoenix rises, he sings. And it's time for us to do the same.

I asked if any other beings would like to speak with me. The feeling I get is one of joy, peace, and completeness.

Take this month's energy with you and see how you can use it to transform your life.