

August Energy Report (Post Eclipse)

From August 22nd



This additional energy report is coming to you from Yosemite and we're on our way to the valley; we're not all the way there yet. You can see there's a beautiful waterfall (Bridal Veil) and a lot of people. But as I tune into the land, the theme that I get for this phase of the month is growth.

And growth from a place of desire; growth from the heart. Not from ego, not from external forces; but growth from within.

Growth is not quite the right word; expansion is a better word.

And who better to talk about growth and expansion than the stone people who have seen everything that's happened on this planet; who erupt from liquid form into solidity, or come into being in some other manner. The stone beings in caves that are ever growing – stalagmites, stalactites, and these amazing immense beings here that have watched everything around them grow, die, and recycle, be reused; and they will be here when we are not.





I am here with Ponderosa, a yellow pine tree. She asked me to come and stand with her. I got “Look at me. *Look at me.*” As you look up, she says, “What am I? I am a prayer, and a prayer is always about growth. You are a prayer just as I am, and you are about growth. And growth is eternal, it is never ending; it is life. As you grow, you change; you expand; old falls away, just as my branches – look at how many dead branches I have. Some of them I still need, some of them are useful, and as they are no longer of use they will fall completely away. And so is it with things in your life Whether they’re beliefs, whether they are physical objects, whether they are physical ailments or whatever; as you grow, expand and change, what you no longer need *must* fall away. If you hold onto it, you become heavy, weighted down, and there is no ability to further expand. Thank you for listening.”

And many thanks to Pine for her message.

Okay, so we’ve been walking along a path past the Visitors Center in Yosemite, and what I just got from the earth is that there are so many people here and none of them see me; so few of them actually see me. They look at the objects that are the trees; they look at the objects that are the plants; they may be amazed, but they don’t know who I am; they don’t know who these beings are; they are not connected. And in this time of growth it is time to reconnect.



I asked the flowers if they had a message for me and they said, “Go find the insects”.

I met a Ground Hunting Wasp who was busily digging and going down into the hole head first, pushing the dirt out with her hind legs and then scattering it by flicking her hind legs to flick the dirt and soil and stone away. What do you have for me Miss Wasp? “Busy-ness must have purpose. Actions must have purpose. ‘Doing’ in the wrong state of ‘being’ will garner nothing. Every move I make is calculated; every move I make is useful. Every action I take has purpose. You may not see it.

This is what I’m here for. This is my life’s work. Moving all those pieces out of the way so they don’t fall back in as I excavate out. Sometimes we have to do the same things over and over and over to develop the expertise necessary. I am wasp; I know my purpose; and when you know why you’re here, you know what to do and you just do it.





I'm receiving messages from the stone people. Growth is not always about getting bigger; it is about expanding, and as we age and wear down we still hold the energy of all that we have seen and experienced on this earth. We still hold all of the information that is accessible to anyone who knows how. We are the time-keepers. We are the information holders of the earth. Each one of you has access to all the information in the universe if you but know how to access it. But for you to do this, your physical bodies could not handle it because it's too vast. It is oceans upon oceans upon universes of information. And you could not handle that. Your embodiments are here for you to learn specific lessons; to grow in specific ways. And we, The Stone People, watch this. We feel it. We see your evolution, for you live in the world of choice; we live in the world of balance, and we know what must happen for balance to be maintained,

just as Gaia knows how balance must be maintained; and it is for you to learn to work with us and with other beings in nature to regrow the connection so that you too live in balance. This growth is never done. It is never complete, for we are never complete. We are ever expanding, ever changing, ever evolving, as are you. Connect with us and feel the history of the earth beneath your feet, held in the palm of your hand, feel the power of the universe in our brethren. Every stone has its story; every stone has its energy, and every stone is growing and evolving, but at a rate that is incomprehensible to you in its longevity.



I'm sitting here looking at lower Yosemite Falls, and I asked the water if she had anything about growth.



"Water is free-flowing. It takes the path of least resistance. It has a cycle that it goes through and renews itself always. It takes on the form of whatever it encounters; fluid, sometimes solid, sometimes gaseous. It adapts to its environment; it finds ways through and around every obstacle or sometimes, as with a Tsunami, simply moves those obstacles and recreates the landscape. And that is the essence of growth. Growth is change; growth is encountering obstacles and using them as tools for growth. That's not said right. Enveloping them, absorbing them, integrating them, and moving forward. Learning from them, learning to go around them if that is what is needed; learning to melt them away if that is what is needed, but always there is a recognition; a seeking of the new way, and an integration; an acceptance; a transmutation of obstacle into free flowing energy. That is growth; transmuting obstacles, learning from them, moving forward, being as water. Water expands outward to fill or cover any surface.

And as much water as there is, it will fill whatever space there is. Growth and change, expansion, do the same. Your light fills up as much space as there is light to expand. The more light you have the more light you emit; the further your sphere of influence, the further your sphere of love, and the more malleable your surroundings become. With growth comes change. Your external environment will melt and remold itself to match your internal environment. Whether it's growth in a direction you desire or growth in a direction you don't desire. What are you holding before you? What is your focus? That will determine the remolding of your external reality."



Its evening and the little bees are coming out. They look like solitary bees, buzzing around here, and their message is Joy in Movement.

"No matter what direction you're going, the journey must be joyful. Growth and expansion can be painful, but can be joyous. It is in that joy that you find fulfillment; that you model fulfillment; that you can share that fulfillment. Sometimes the purpose in movement is nothing other than pure joy. It is the joy of testing your physical embodiment - this wondrous body that you have been given to go through this life - this amazing vehicle that holds thoughts, that holds emotion; that allows you your five and more senses that you could not have without this physical body. It allows you growth in ways that you could not have in spirit only. And as an infant you reveled in your toes; you reveled in stretching yourself, exerting yourself, seeing how far you could go; testing your limits physically. Whether it was learning to crawl, learning to walk; learning to run, whether it was climbing, whether it was running; how far can I run until I can't run anymore? How high can I climb before I can't climb anymore? How long can I spin until I can't stand anymore? All of these are ways of testing yourself and growing in the knowledge of what your body can do for you, and also what your body needs from you. So part of growth is integrating further with your body, Is integrating - wrong word - is showing yourself love by respecting your body, treating it well; giving it rest, giving it nourishing food, utilizing it as it was meant to be utilized and loving it. As you love your body, you release old programs; you grow in self-love; and again, this is all about finding love, becoming love, sharing love, multiplying love. So as we bees buzz about this evening, reveling in our ability to move as we desire, so too should you try doing the same. How high can you jump? How far can you run? How much can you lift? How far can you stretch? Love your body and grow its ability to serve you."

There's a spider web over here, and I asked Spider, "What do you have on growth?" and she just laughed. She said, "Spiders know all about growth. Do we not shed our skins as we grow larger? Do we not weave our webs? We are more about knowing - spiritual knowing - spiritual growth. Yes, we grow physically; we weave our webs anew; sometimes daily, sometimes less often. Some of us have permanent homes, some new every day. Our world is ever changing; we adapt to whatever is needed to survive and to thrive. We have been here for millions of years; we will be her for millions more, for we

are the divine feminine. And as you grow in the divine feminine, your relationship with us must grow. You must learn to reconnect with us; to respect and love us for who we are; for the energy we hold. We represent the web of life, and as you grow into that, you will grow in your connection with us. I am complete.”

So in this talk about growth and expansion, I’m a bit confused, because I posed the question, for example, to the California Ground Squirrel here - Are you growing? Are you expanding? I’m not understanding how beings who basically do the same thing – they grow, they raise young, they eat, they die, they serve as food – how that ties in with growth and expansion. So I posed the question and I’m waiting for an answer.



So the answer is slowly coming to me. Basically, we are all connected. We are all one. Every animal, plant, stone, tree, human, bird, everything on this planet, we are all one. And as one being grows and evolves and expands, all beings grow, evolve and expand. It is not about acquisition of knowledge; it is not about specific changes, for change is eternal. Everything is always evolving, ever-changing. It is about the energetic shifts that we all experience. This solstice

created a huge shift. You heard the birds go nuts a few minutes before, and you heard them being loud again after, and totally silent during. They feel the energy, they react to the energy. They understand this on a soul level; they understand without requiring cognitive knowledge, what these shifts in energy entail. Because it is, in Nature, all about balance, and these beings have a knowing of balance.

They will act in accordance with the energy, always – and as the energy shifts, they shift. Do you not see that so many animals are disappearing? You can attribute it to whatever you want; it is part of evolution. And if they all disappear, that is part of evolution. It does not mean it has gone in a good direction – that is humanity’s free will choice. We can change it in an instant, and you know that. This is about humanity’s utilization of these vitally important and profound energetic shifts, recognizing the potential – the huge potential for growth that now exists.

What you focus on, you can manifest, so focus on what you desire. That is key. Look inside your heart, find your desires, and the growth will be exponential; we can create heaven on earth in a surprisingly short time. But each one of you can only create it in your world. Others can create the opposite in their world. That is also growth and expansion. It may not be a direction that you desire; it may not be a direction that brings joy, but it is growth and expansion because it is new experience. As you have learned, there is no right. So what we offer is that you recognize that these energies can catapult you into the new life that you desire. We are now still in new moon energies, and as the moon waxes, you can bring all of your desires to fruition. This is about learning to harness the energy of desire, joy and love and manifesting those desires and that joy and that love in your life and sharing it with others; and the more people who do this, the faster this world will become a garden paradise once again.